

COULD YOUR BABY BE ALLERGIC OR INTOLERANT?

By osteopath Caroline Penn DO (Hons) MSc MSCC

Babies can be allergic too!

NAET is a non-invasive, drug free and painless method of eliminating allergy. It is very effective in babies.

Common infant problems may be due to allergy. For example, recurrent colds and runny noses are often caused by moulds and fungi which thrive in warm damp weather. Fungal spores are airborne so it is very difficult to avoid exposure. NAET changes the body's reaction to the fungi so that the problem is eliminated.

At the Penn Clinic, we specialize in providing natural healthcare services for mothers and babies. We often see infants with problems which have an allergic component. Fitz Larsen, our allergy specialist, works closely with the rest of our team to provide a non-invasive means of testing and treating infants for problems which include eczema, reflux, colic, ear infections, diarrhoea and constipation.

NAET

NAET has been available now for almost 25 years and has cured thousands of people with multiple allergies. The testing method is based on kinesiology (muscle testing) with very precise testing protocols.

Over 2000 items can be tested for – which may sound like trying to find a needle in a haystack, but in each case there are clues to help Fitz with his detective work. When testing a baby the parent is used as a surrogate, which means the baby is in touch with the parent's body during the testing.

This method is very effective and means that the baby doesn't have to cooperate for the method to work.

Allergic Reactions

An allergic reaction may be caused by more than one item and each must be cleared in turn. Clearing the allergy involves treating spinal trigger points for the immune system using very gentle stimulation with a soft laser, a very safe method.

Fitz gathers information to help identify the likely allergen which includes family history, pregnancy, birth, foods (including Mum's diet with breast milk), fabric (clothing & bedding), cleaning agents, perfumes, medication and more.

Fitz tests all items on three levels, physical, biochemical and emotional. I found the latter hard to understand, so Fitz explained, suppose you were eating an apple when you answered the telephone and heard some very bad news. The immune system may go into a shock reaction which it mistakenly relates to the apple. This emotional twist to the allergy puzzle makes sense – and it works!

About The Penn Clinic

With over 30 years' experience, The Penn Clinic gives you a range of treatments in safe, gentle hands. Our treatments are suitable for the whole family: Osteopathy, Pilates, Massage, Homeopathy, Counselling, Allergy treatment (NAET) and Autogenics. Our therapists work as a team with the osteopaths to provide a holistic approach to your problems. Full details are on our website www.pennclinic.co.uk

For formation, or to book an appointment, please contact us on: **01707 274 148**