

# THE PENN CLINIC

Osteopathy and Complementary Medicine

## JOIN US AN EVENING WITH A FOOT THEME!

### MOBILE SHOE FITTING SERVICE & REFLEXOLOGY TALK

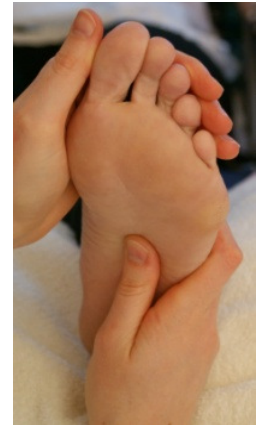
Wednesday 14 July 6.30pm



Many of us have trouble finding suitable shoes, especially those who wear orthotics or insoles. Peter Jethwa, shoe-fitting specialist, has kindly agreed to talk to us about his mobile service. He will explain what we need to look for in a correctly fitting shoe and bring along some of his stock and foot measuring equipment. If you, or your friends and family have trouble with your feet or finding shoes to fit comfortably come and join us for the talk. Refreshments (drinks and nibbles) will be available.

Sandra Walker – Reflexologist will also say a few words about her work. Our feet tell the story of our whole body and our whole life! The ancient art of reflexology originated in Egypt, it is relaxing revealing and therapeutic.

Special Guest Kevin Bromley (podiatrist), will also join us



**The evening is FREE**  
**Call 01707 274148 for details**